



RICHMOND COMMUNITY SCHOOLS HEAD START LUNCH MENU — MAY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WG Chicken Tenders WG Dinner Roll Corn Fresh Apple Slices* 1% Unflavored Milk 	2 WG Cheesy Bosco Sticks Carrot Coins Diced Peaches 1% Unflavored Milk 	3 WG Mac & Cheese Steamed Broccoli Fresh Orange Slices 1% Unflavored Milk 	4 Lil Caesars Cheese Pizza Romaine Salad Diced Pears 1% Unflavored Milk* 	5 Yogurt w/ String Cheese WG Dinner Roll Fresh Celery Apple Sauce 1% Unflavored Milk 
8 WG Chicken Drumstick WG Dinner Roll Corn Mixed Fruit 1% Unflavored Milk 	9 WG Wow Butter Sandwich Fresh Carrot Sticks Diced Peaches 1% Unflavored Milk 	10 WG Rotini w/ Beef Meat Sauce Steamed Broccoli Fresh Banana 1% Unflavored Milk 	11 Lil Caesars Pepperoni Pizza Romaine Salad Fresh Apple Slices* 1% Unflavored Milk 	12 No School 
15 WG Chicken Patty Sandwich w/ WG Hamburger Bun Corn Fresh Apple Slices* 1% Unflavored Milk 	16 WG Cheesy Bosco Sticks Carrot Coins Diced Peaches 1% Unflavored Milk 	17 WG Mac & Cheese Steamed Broccoli Fresh Orange Slices 1% Unflavored Milk 	18 Lil Caesars Cheese Pizza Romaine Salad Diced Pears 1% Unflavored Milk 	19 Yogurt w/ String Cheese WG Dinner Roll Fresh Celery Apple Sauce 1% Unflavored Milk 
22 WG Chicken Nuggets WG Dinner Roll Corn Mixed Fruit 1% Unflavored Milk 	23 Yogurt w/ String Cheese + Goldfish Graham Fresh Carrot Sticks Diced Peaches 1% Unflavored Milk 	24 WG Rotini w/ Beef Meat Sauce Steamed Broccoli Fresh Bananas 1% Unflavored Milk 	25 Lil Caesars Pepperoni Pizza Romaine Salad Fresh Apple Slices* 1% Unflavored Milk 	26 No School 
29 No School 	30 WG Cheesy Bosco Sticks Carrot Coins Diced Peaches 1% Unflavored Milk 	31 WG Mac & Cheese Steamed Broccoli Fresh Bananas 1% Unflavored Milk 	<div> <p>Each meal includes choice of entrée, milk, one cup of vegetable items and 1/2 cup of fruit items. A fruit or vegetable serving is required with every reimbursable meal. Seasonal fresh fruit selections will include apples, oranges, watermelon, cantaloupe, bananas, pears, grapes, pineapple.</p> <p>Milk choices include fat free or 1% unflavored, and fat free chocolate or strawberry flavored.</p> <p>*Menu Subject to Change Without Notice*</p> <p>Nutritional information is available on the Food Service web page of the Richmond Community School District Website.</p> <p>"USDA is an equal opportunity provider and employer"</p> </div>	

*Richmond Community Schools
Will participate in MI Farm to School. (*) = food choice utilizing MI based items.*



Product of Michigan